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*Little Habits of Love: Growing in your relationship with God
Our faith journey is not something we can complete in an easy program
or all at once. Learn how to build your relationship with God gradually to
strengthen your solid foundation to last a lifetime.*

Jesus, I Trust You: Why do we suffer & What can we do about it?



Erick Chinchilla

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*Insights to Womanhood Through Edith Stein
By looking briefly at the life of Saint Teresa Benedicta of the Cross, we discern
what she believed the roles of women should be, and how society
could benefit from women fulfilling their innate nature.*



Trish Lutz

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*My Journey of Hope: One Conversion at a Time
Whether you are a convert to Catholicism like me or a cradle Catholic, conversion
is not a one and done. Join me as I share my unending journey and how God has
brought me closer to Him and my Catholic faith in both small and big ways.*



Barb Prasad

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*Planting the Seed and Watching it Grow
Has your parish not yet connected with one of our regional womens' ministry
teams. Invite us for a brief presentation and listening session. Learn about how
you can join with other women in our diocese to help support growth in your faith
life and your parish women's ministry offerings. also share with our diocesan office
how we can better support your parish.*

When Our Adult Children Leave the Church

*One woman's story of hope. You are not alone in this journey. Discuss ways we as
a family and a church can help call back our lost sheep.*



Maureen Quinn

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Theology of the Body

An introduction to Pope John Paul II's well-known writings on the dignity of the human person.