



Barb Prasad

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**Planting the Seed and Watching it Grow**

*Has your parish not yet connected with one of our regional womens' ministry teams. Invite us for a brief presentation and listening session. Learn about how you can join with other women in our diocese to help support growth in your faith life and your parish women's ministry offerings. also share with our diocesan office how we can better support your parish.*

**When Our Adult Children Leave the Church**

*One woman's story of hope. You are not alone in this journey. Discuss ways we as a family and a church can help call back our lost sheep.*



Erick Chinchilla

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**Insights to Womanhood Through Edith Stein**

*By looking briefly at the life of Saint Teresa Benedicta of the Cross, we discern what she believed the roles of women should be, and how society could benefit from women fulfilling their innate nature.*



Fiona Laverty

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Canon Law: *What's It Got to Do With Me*



Mary Madelyn Mertes

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**Little Habits of Love: Growing in your relationship with God**

*Our faith journey is not something we can complete in an easy program or all at once. Learn how to build your relationship with God gradually to strengthen your solid foundation to last a lifetime.*

**Jesus, I Trust You: Why do we suffer & What can we do about it?**



Trish Lutz

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**My Journey of Faith: One Conversion at a Time**

*Whether you are a convert to Catholicism like me or a cradle Catholic, conversion is not a one and done. Join me as I share my unending journey and how God has brought me closer to Him and my Catholic faith in both small and big ways.*



Joe Benevento

Contact [bprasad@diojeffcity.org](mailto:bprasad@diojeffcity.org) to schedule

**My Perfect Wife, Her Perfect Son': St. Joseph Finally Speaks**

*Saint Joseph is obviously one of our most important and revered saints, but so little actual information on him appears in the Bible, though there have been hundreds of legends, traditions, and books purporting to tell the rest of his story. In Joe Benevento's novel, "My Perfect Wife, Her Perfect Son" the author explores what the life of the Holy Family might really have been like, with an emphasis on Joseph as an ordinary and imperfect man faced with the unprecedented challenges of having to live with a perfect, celibate spouse and to raise the Son of God without any heavenly guidance. Joseph's rise to sainthood comes with a lot of challenges, which makes his eventual success all the more admirable and inspiring.*



Maureen Quinn

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**Theology of the Body**

*An introduction to Pope John Paul II's well-known writings on the dignity of the human person.*