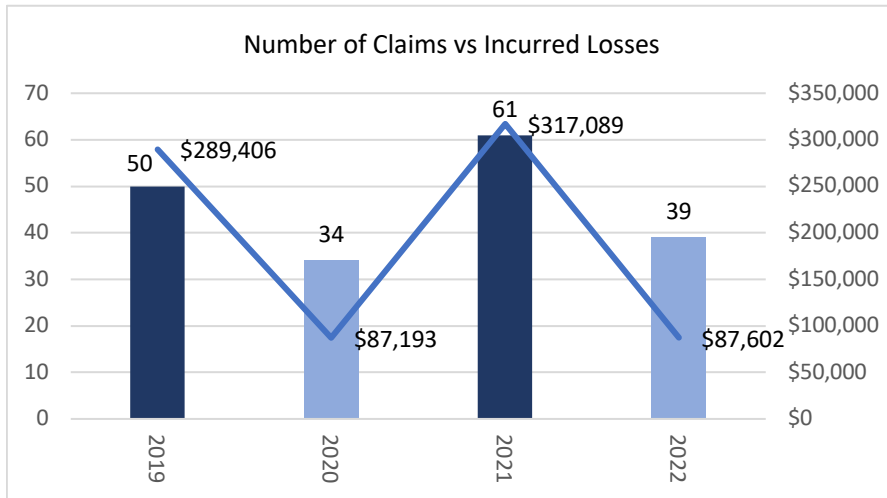


# Diocese of Jefferson City – Safety Talk

## The Numbers

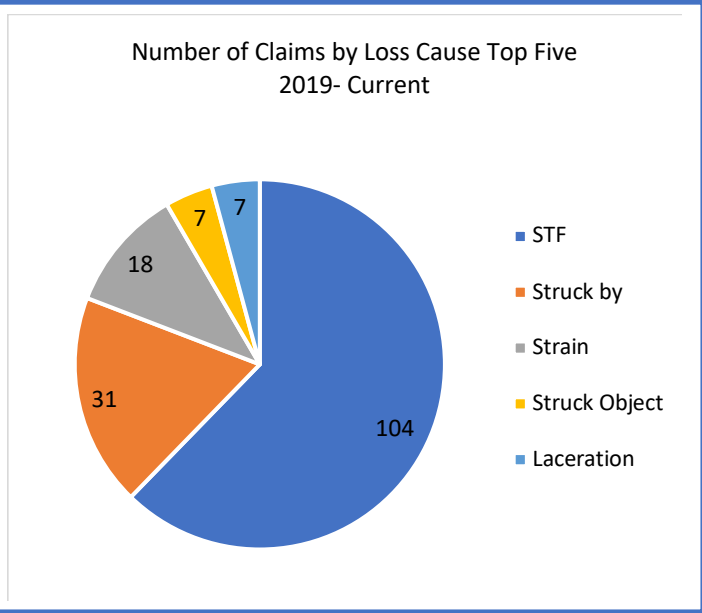


The graph shows the number of work-related injuries and incurred losses for the past 4 policy years. The policy year is July 1 to Jun 30<sup>th</sup>. We are currently in the 2022 policy year.

This current policy year is showing great improvement from the 2021 policy year.

Keep up the good work and continue to work **SAFE!**

## Common Type of Injuries



Slip, Trip, Fall (STF) injuries continue to be the leading cause of injury for Diocese employees. Slip, Trip, Fall injuries account for 62% of all work-related injuries throughout the Diocese. These injuries account for 390,179 in losses over the past four years.

Slip, Trip, Fall injuries include walking up/down steps, tripping over objects, stepping off ladder/step stool, slip on ice, slip on wet floor, etc.

In the past year four years we have had **25** injuries that occurred while employees were walking down steps. Just in the last 8 months we have seen **10** injuries from using stairs. Of these incidents, carrying items, distractions, and not using handrail were contributing causes of the injury.

## Safety Reminders Prevent STF's

Maintain good housekeeping in the classrooms. Keep objects, backpacks, books, boxes, etc clear of walking areas in the classroom. Try to minimize objects on the floor. Reduce walking backwards, turn around and see what's behind you.

**Take your time when walking up or down stairs. Use handrail and keep eyes on your walking path. Minimize distractions or limit carrying objects that impede sight. If your school has elevators, use them instead of stairs when possible.**

Wear the appropriate footwear for the weather conditions. Minimize the use of footwear with smooth soles. Utilize footwear that provides adequate surface area as well. Sandals and other open toed shoes are discouraged.

When using step ladders and step stools, use properly, make sure you have the right ladder/step stool for your task. Make sure equipment is in good condition and appropriate for your task. Do not stand on desks, milk crates, chairs, etc.

Use carts and dollies to move items around the classroom or throughout the school. Do not try to move heavy furniture by yourself, get assistance when handling heavy, awkward items.

When walking in parking lots, keep an eye out from hazards. Avoid stepping over curbs and parking blocks, walk on sidewalks, avoid cutting through grass areas. Avoid parking in areas with snow and ice.

Avoid walking and using cell phone or other electronic devices.

Before engaging in activities with students, such as sports or similar activities keep in mind your physical capabilities.