

# PREPARING KIDS FOR SCHOOL

From Kindergarten to College



August 2021

## SUPPORT FOR EVERYDAY ISSUES. EVERY DAY.

After the havoc wreaked by the pandemic last year, you and your child may be feeling a mix of emotions – from excitement and anticipation to anxiety and dread – as the new school year approaches. Having a plan can help.

SupportLinc provides confidential counseling, resources and referrals to assist your family's educational journey, no matter what it may look like this year.

## WEBINAR

Preparing Kids for School  
Available August 1, 2021  
Located in the Monthly Feature Tile

Learn strategies to reduce stress and ease back into the school year.



CHRISTIAN  
BROTHERS  
SERVICES

SUPPORT  LINC  
EMPLOYEE ASSISTANCE PROGRAMS

## PHONE

1-888-881-LINC (5462)  
Confidential Assistance  
24 Hours a Day, 365 Days a Year

## WEB

[www.supportlinc.com](http://www.supportlinc.com)

## MOBILE

