

# BETTER TOGETHER

## Promote Effective Teamwork



January 2020

### SUPPORT FOR EVERYDAY ISSUES. EVERY DAY.

Teamwork is essential in every aspect of our lives. Whether it is between spouses, colleagues, friends or even complete strangers – effective teamwork is a major factor in the growth and development of any business or personal relationship. Teamwork is also helpful in your own personal mental health growth and overall wellbeing.

This program provides confidential counseling, resources and referrals to help promote teamwork.

### WEBINAR

Conflict Resolution: Ironing Out Your Differences

Available January 1. Located in the Monthly Feature Tile.

Knowing how to resolve conflict is a valuable skill. Discover ways to iron out differences before they escalate and learn some tips for dealing with hostile individuals.



CHRISTIAN  
BROTHERS  
SERVICES

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EMPLOYEE ASSISTANCE PROGRAMS

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Confidential Assistance  
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