

# BALANCING PRIORITIES

## Managing Competing Demands



July 2019

### SUPPORT FOR EVERYDAY ISSUES. EVERY DAY.

It can be a challenge to balance priorities and manage the pressures of work and home. Learn to prioritize your workload by speaking with a professional counselor today. Referrals are available for child and elder care services, car repair and home improvement resources, cleaning services and more.

This program provides confidential counseling, resources and referrals to help you find balance at work and home.

### WEBINAR

Making a Life While Making a Living:  
Work-Life Balance  
Available on July 16

This session will help you identify methods for achieving balance between personal, family and work responsibilities.



CHRISTIAN  
BROTHERS  
SERVICES

SUPPORT  LINC  
EMPLOYEE ASSISTANCE PROGRAMS

### PHONE

1-888-881-LINC (5462)  
Confidential Assistance  
24 Hours a Day, 365 Days a Year

### WEB

[www.supportlinc.com](http://www.supportlinc.com)

### MOBILE

